

## Activities and Extracurriculars

The way you choose to spend your time can help us better understand you and what you are passionate about. Please list up to your 5 most important activities and extracurriculars below. Examples might include:

- Clubs
- Music or Arts
- Work or Volunteering
- Community Engagement
- Hobbies
- Sports
- Family responsibilities
- Other activities that are meaningful to you

### Activity 1

**Activity Name**

**Your Title**

**How often do you participate in this activity?**

\_\_\_\_\_ **Hours/Week**

\_\_\_\_\_ **Weeks/Year**

**For how long have you been participating in this activity?**

**Activity Description:**

Describe your participation in the activity (roles, responsibilities, titles, awards, special recognition, or anything that can help us understand what you do, what it means to you, and what you have accomplished in doing it).

**Do you plan to continue this activity in college?**

## **Activity 2**

**Activity Name**

**Your Title**

**How often do you participate in this activity?**

\_\_\_\_\_ **Hours/Week**

\_\_\_\_\_ **Weeks/Year**

**For how long have you been participating in this activity?**

### **Activity Description:**

Describe your participation in the activity (roles, responsibilities, titles, awards, special recognition, or anything that can help us understand what you do, what it means to you, and what you have accomplished in doing it).

**Do you plan to continue this activity in college?**

## **Activity 3**

**Activity Name**

**Your Title**

**How often do you participate in this activity?**

\_\_\_\_\_ **Hours/Week**

\_\_\_\_\_ **Weeks/Year**

**For how long have you been participating in this activity?**

### **Activity Description:**

Describe your participation in the activity (roles, responsibilities, titles, awards, special recognition, or anything that can help us understand what you do, what it means to you, and what you have accomplished in doing it).

**Do you plan to continue this activity in college?**

## **Activity 4**

**Activity Name**

**Your Title**

**How often do you participate in this activity?**

\_\_\_\_\_ **Hours/Week**

\_\_\_\_\_ **Weeks/Year**

**For how long have you been participating in this activity?**

### **Activity Description:**

Describe your participation in the activity (roles, responsibilities, titles, awards, special recognition, or anything that can help us understand what you do, what it means to you, and what you have accomplished in doing it).

**Do you plan to continue this activity in college?**

## Activity 5

Activity Name

Your Title

How often do you participate in this activity?

\_\_\_\_\_ Hours/Week

\_\_\_\_\_ Weeks/Year

For how long have you been participating in this activity?

### Activity Description:

Describe your participation in the activity (roles, responsibilities, titles, awards, special recognition, or anything that can help us understand what you do, what it means to you, and what you have accomplished in doing it).

Do you plan to continue this activity in college?

If there is anything else you'd like us to know about your activities and extracurriculars that you haven't been able to include above, please use the space below.